STARBUCK™ & Associates

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Ready to Go Team Sessions

Ready-made team sessions you can run straight away

More than 40 complete, modular team sessions, fully designed, interactive and ready to deliver, with everything built into the slides so you can focus on the discussion.

- 40+ team sessions
- Modular, mix and match
- Ready to run
- 40 estimated learning hours
- Certificate of completion
- **CPD accreditation in progress**

£199

per person, per year, VAT included. Annual subscription.

academy.starbuckassociates.com
/courses/ready-to-go-team-sessions/

ABOUT THE LIBRARY

Run a great team session with no preparation

Each session deck has between 25 and 60 slides, with activities, questions, prompts and structure built in. Any leader, HR partner or facilitator can run a meaningful session straight out of the box.

Use a session on its own for 60 minutes, combine several into a half-day or full-day workshop, or run a series of shorter weekly sessions to build capability over time.

40+	60	25 to 60	40
team sessions	minutes each	slides per deck	estimated learning hours

Who it is for

Team leaders, managers, HR partners and facilitators who want to run high-quality team sessions without designing them from scratch.

What you will be able to do

01 Facilitate a ready-made 60-minute team session on topics such as communication, trust or psychological safety

02 Lead structured discussions on change, feedback and collaboration using built-in prompts and activities

03 Combine sessions into a half-day or full-day workshop, or a weekly capability-building series

04 Support teams to build resilience, confidence and adaptability through group activities

INSIDE THE LIBRARY

Topics covered

Sessions are added regularly. If there is a topic you need that is not yet covered, email us and we will design a bespoke session for your team and add it to the library at no extra cost.

01 Leadership communication and trust

02 Psychological safety and inclusion

03 Managing change and uncertainty

04 Building resilience and wellbeing

05 Giving and receiving feedback

06 Collaboration, decisions and accountability

07 Confidence, motivation and growth mindset

08 Innovation and problem-solving

09 Time, priorities and productivity

10 Team values, culture and purpose

The library also includes two full-day workshops: Board Team Day and Being a Customer-Centric Sales Team.

WHAT YOU GET

What is included

- More than 40 complete, ready-to-run team session decks
- Activities, questions and prompts built into every deck
- Two full-day workshops
- Download, share and run sessions as often as you like within your team
- A final knowledge check and a certificate of completion showing 40 estimated learning hours
- 12 months' access to the full library

Knowledge check and certificate

When you have worked through the library, complete the final knowledge check of 10 questions. The pass mark is 80%. The 40 hours are made up of 35 sessions of about 60 minutes and two full-day workshops counted at 2.5 hours of core learning each.

Who designed it

Designed by ICF credentialed coaches at Starbuck & Associates, led by Paul Starbuck, our Founder and CEO and an ICF Master Certified Coach (MCC). Every lesson draws on our coaching and leadership development work with organisations in the UK, Europe and internationally.

For teams and organisations

Buying for a group? We can set this up for your whole team, on its own or as part of a wider academy for your organisation. Email academy@starbuckassociates.com and we will put a proposal together.

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